

... AND THE AWARD GOES TO IMPACT INDIA FOUNDATION



Impact India Foundation was awarded the AmeriCares Spirit of Humanity - Jury's Choice Award for outstanding contribution towards improving healthcare and empowering a healthier and stronger society. The award was presented to our Chief Executive Officer, Zelma Lazarus, at a special Awards Ceremony on Saturday, March 6th, 2010, at the Ballroom, ITC Grand Central, Parel, Mumbai.

AmeriCares vision is to help people around the world live longer, healthier lives by supplying critical medicines and improved healthcare in response to disasters and ongoing humanitarian needs. Since its inception in 1982, AmeriCares has delivered \$9 billion in aid worldwide.

Recognizing the role of individuals and organizations in improving healthcare delivery in the country, AmeriCares, a global health and disaster relief organization instituted the AmeriCares Spirit of Humanity Awards in India. The awards are conferred on individuals and organizations for outstanding contributions towards improving healthcare and towards empowering people to make informed health choices.

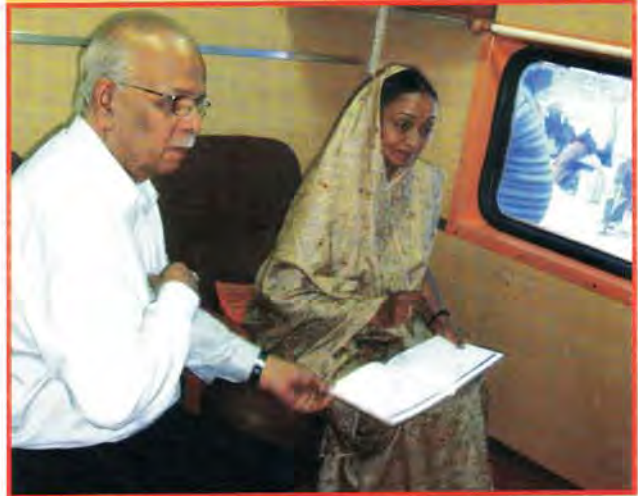
Impact India Foundation is grateful to the Members of the Jury for this award and for recognizing our contribution towards improving health care in India.

Congratulatory Messages

Congratulations on receiving this award which is so well deserved. We are all proud of IMPACT India and look forward to working closely in 2010

Judi Stagg
Chief Executive - Impact UK

A VIP Visitor on the Lifeline Express



The Hon'ble Speaker of the Lok Sabha, Ms. Meira Kumar wrote in the Visitor's book on the Lifeline Express, on February 11, 2010. *"I welcome the Lifeline Express in Sasaram; it is rendering great service and I am sure the people of this area will benefit very much. I congratulate Colonel Vishwen and his team of Doctors for their commitment and hard work."*

Many, many congratulations on the presentation of another well-deserved accolade for the good work done in India. We are all deeply proud of your achievements, which in turn benefit so many marginalised people and show the world that disability need not be an inevitable fact of life.

I do hope that this new award will, quite apart from its immediate financial benefit, attract more resources with which to expand Impact India Foundation's essential programme.

- Claire Hicks
(Ambassador to International Federation of Impact Organizations)

Recognition such as the "AmeriCares Spirit of Humanity Award 2010", which was awarded to Impact, is what reinforces our commitment to our most worthy cause. Hearty congratulations to Mrs. Zelma and her dedicated team of workers. Please convey my admiration to each one. It is truly a rewarding experience to be a part of the Impact family.

Pheroza Godrej
Trustee - Impact India Foundation

KITCHEN GARDENS

A boon to Embur Ashramshala

A small measure, as simple as introducing kitchen gardening to school children, can go a long way in dramatically improving the health of an entire population. This is wonderfully demonstrated by the Ashramshala of Embur, Palghar district, Thane, where young children have brought about a paradigm shift in their own health by involving themselves in this practice.



When Impact India began work at this Ashramshala, in collaboration with the Tribal Development Department two years ago, the health statistics of the 500 odd students were abysmal. Over 90% of the children, from Standards I to X, were severely anaemic, malnourished and suffered from stunted growth. This was reflected in the periodic Body Mass Index (BMI) and Haemoglobin estimation tests conducted by Impact India.

Two years down the line, the change has been nothing short of a miracle. With the Hostel Superintendent Ulhas B. Pawar and the Principal Sunil S. Patil fully supporting Impact's activities, the condition of students has improved to a level where only 10 out of the 500 students remain anaemic and the BMI has increased satisfactorily for all the students. Mr. Pawar's wife, who is also an Auxiliary Nurse and Midwife (ANM), has adopted the school children as her own and now lives with them, devoting to them all her time and efforts.

The Government too appears to be following Impact India's initiative, and has increased compulsory breakfast for each student. Breakfast now consists of a nutritious meal of eggs and bananas. The products from the kitchen garden include drumsticks, ladies fingers, tomatoes, brinjals, green chillies and similar vegetables. This has been instrumental in providing iron, folic acid, vitamins and other micronutrients to the children and is the cause of their improved health. Apart from this, the children have been motivated to start these kitchen gardens at their homes too, with good quality, hybrid seeds donated by private sector companies like Syngenta and Agsun Seeds.

This achievement is a wonderful testimony to the fact that most health problems can be resolved at the primary, domestic level, provided we create true awareness. ●

Contributed by : Parvati Singh



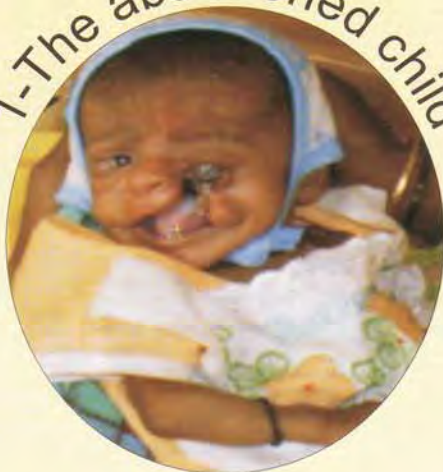
Even as a tree has a single trunk but many branches and leaves, so there is one true and perfect religion but it becomes many, as it passes through the human medium.

- Mahatma Gandhi



IMPACT INDIA FOUNDATION'S CLEFT LIP PATIENT BABY KETU SUTAR

1-The abandoned child



2-Surgical restoration



3-Back in her mother's arms



4-The happy parents



5-And today...



Design: Olga Monteiro

Impact India Foundation looks forward to the day - very soon - when it can declare the entire Community Health Initiative area covering 1.5 million tribals in rural Maharashtra, totally "Cleft Free"

Our heartfelt thanks to

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Impact India Foundation's website: www.impactindia.org now facilitates online payment of donations via credit card using Payment Gateway provided by HSBC.



*Adolf, Leena & Impact Friends
Congratulations to Impact India's Adolf Fernandes
on his marriage to Leena on 6th October, 2009.*

*Even the blind who do not see the rose
perceive its fragrance*

- Mahatma Gandhi

Impact's Certificate of Credibility:

- Trustees - Leaders in Industry and Public Service.
- Eminent Medical Advisory Board
- Government of India's recognition through release of National Postage Stamp.
- Government of Maharashtra's support through appointment of a Liaison Officer.
- Income Tax exemption u/s 35AC - 100%
- Approval under the Foreign Contribution Regulation Act
- BBC and other global films.
- UN and other International Awards
- World Press Accolades.

IMPACT INDIA FOUNDATION

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