

Launched on 2nd October 1983

Impact India Foundation (IIF) completed 33 years this year. It's been a long way since then. The two projects of IIF for prevention and cure of disablement are The LIFELINE EXPRESS - World's first Hospital Train, and The COMMUNITY HEALTH INITIATIVE (CHI):

LIFELINE EXPRESS (LLE) CELEBRATED ITS SILVER JUBILEE ON 16TH JULY 2016



IIF's Mrs. Zelma Lazarus - Founder Director & CEO, Jayant K. Banthia - Trustee, R.C. Sarin - Chairman, G.C. Agarwal - General Manager, Central and Western Railway, Narendra A. Patil - Chief Public Relations Officer, Central Railway, Vinit Kumar - Secretary to General Manager, Central Railway.

A Press Conference was held on the completion of 25 years of Lifeline Express on 16th July 2016 at the headquarters of the Central Railway at Chhatrapati Shivaji Terminus. Mr. G.C. Agarwal, General Manager, Central and Western Railway graced the occasion. The LLE staff were honoured with Silver Jubilee mementos.

25 years - and medical services to **one million** disabled poor in rural India - all free of cost - restoring sight, movement, hearing, correction of facial deformities, and treatment of epilepsy and dental problems. The journey has been full of hope and joy. None of this would have been possible without the donated services of about 200,000 medical professionals and volunteers from India and abroad, the dedicated staff of IIF who stay away from their families, months at a stretch, and the doctors and volunteers.

We are grateful to our many benefactors who have generously contributed towards the LLE.



Ch. Vidyasagar Rao
GOVERNOR OF MAHARASHTRA



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MESSAGE

I am pleased to know that the Lifeline Express, the world's first hospital train, is being placed on public display at CST Railway Station on July 16, 2016 from where it will resume its healing journey in the interiors of the country. It is gratifying to note that two additional coaches will be added to the five-coach hospital train for Oral, Breast & Cervical Cancer Prevention & Control and for Family Planning, Prevention of Stroke and General Surgeries.

Lifeline Express is an amazing idea. I understand that Lifeline Express commenced its momentous journey, in partnership with the Indian Railways 25 years ago on July 16, 1991 from the Victoria Terminus (now known as CST), Mumbai. It is remarkable that the Lifeline Express has provided medical service, including surgeries, to about a million patients, mostly rural disabled, all free-of-cost. I was impressed to note that the Lifeline Express has already covered 173 projects in 120 Districts of 18 States. The Lifeline Express is an excellent example for all States to "Take the Hospital to the People" and needs to be emulated.

I extend my heartiest felicitations to Impact India Foundation on the momentous occasion of the Silver Jubilee of the Lifeline Express. I also congratulate the Indian Railways, all the volunteers, doctors, medical professionals, paramedical staff, donors and others for their involvement and support to this project and wish the Foundation Godspeed in its future endeavours.

(Ch. Vidyasagar Rao)

COMMUNITY HEALTH INITIATIVE (CHI)

A community-based preventive and replicable project in Maharashtra in support of the Government's National Health Mission and in line with the United Nations' Sustainable Development Goals, to achieve its goal of improving health outcomes through Reproductive, Maternal, Neonatal, Child Health & Adolescent.

The CHI currently underway in Tribal areas (population --1,40,000) of Palghar District, Maharashtra, is a sustainable model building an enabling environment for improving adolescent girls' health and nutrition outcomes by engaging multiple stakeholders - Adolescent Girls & Boys, the Community and Government.

A ten-year MOU with the Government, signed on 29th September 2016, mandates the scaling up of the CHI to cover the entire Palghar District (population 3 million).



Maharashtra's Minister for Tribal Development & Guardian Minister for Palghar District, Mr. Vishnu Rama Savra, presents a 10-year Agreement to IIF's Founder Director & CEO, Mrs. Zelma Lazarus, in the wake of recent reports highlighting 209 infant deaths due to malnutrition in Palghar District.

Adolescent Girl Focused Model – Community Outreach

PRIMARY HEALTH CENTRE	SAKHARSHET	MALVADA	SOMTA	TOTAL
Time Line	Dec.2015 - Dec.2017	July 2016 - Dec.2018	June 2016 - June 2018	
Funded by	Dasra Giving	Circle (DGC)	Jamsetji Tata Trust	
Population	37,501	54,148	47,650	1,39,299
Villages	30	37	31	98
School going Adolescents	5,282	8,622	6,890	20,794
Non School going Adolescent girls	681	600	991	2,272
Village Health Committee Members	300	370	310	980
Household Kitchen Gardens	3,000	4,500	3,500	11,000
Government Health Staff	191	201	228	620

Welcome To IIF's Board of Trustees

Mr. Anil Shastri



Mr. Anil Shastri, son of former Prime Minister of India, the late Lal Bahadur Shastri, is a Special Invitee to the Congress Working Committee.

Mr. Shastri is currently the Chairman, Lal Bahadur Shastri Institute of Management, Delhi, amongst many others.

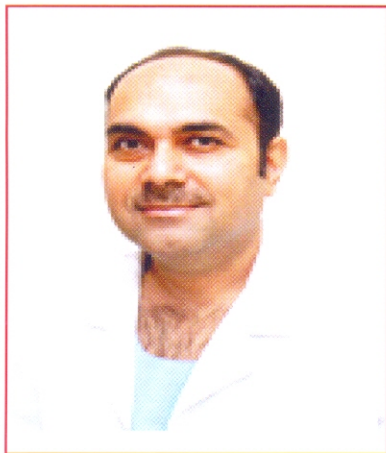
Mr. Samir Shah



Mr. Samir Shah currently runs an investment firm in Mumbai working with international funds and local companies on investments and strategy.

Mr. Samir Shah has been actively involved in global capital markets for the last 25 years, in Hong Kong and New York.

Welcome to The Medical Advisory Board Prof. Pankaj Chaturvedi



Prof. Pankaj Chaturvedi is Professor and Head and Neck Cancer Surgeon at Tata Memorial Hospital, Mumbai.

Dr. Chaturvedi is Principal investigator of several clinical trials and his main area of interest is early detection of oral cancer. On CSR day Dr. Chaturvedi was conferred the coveted Social Innovation & Iconic Leadership Award (2016).

IIF receives the Sushruta Award for Outstanding Contribution by an NGO in Creating Oral Health Awareness at a function organized on 4th November 2016 by the Indian Dental Association (IDA) in Mumbai



(L to R) Dr. Deepak Sawant, Maharashtra's Minister for Public Health & Family Welfare, Mrs. Zelma Lazarus, Impact India Foundation, Mr. J.P. Nadda, Union Minister for Health & Family Welfare, Dr. Ashok Dhoble, Secretary General, IDA and Dr. Tilakraj, President, IDA.

LIFELINE EXPRESS (LLE)

INAUGURATION OF LIFELINE EXPRESS PROJECTS

Inauguration of **169th LLE Project** at Kumardubi Railway Station by Mr. B.D. Sahoo, Chief Engineer & Project Head, Damodar Valley Corporation, accompanied by Mr. K. Chandrasekhar, ED & CEO, Maithon Power Ltd., & Dr. Gourh, Chief Executive, LLE.



The **170th LLE project** inaugurated at Bhadohi Railway Station by Mr. Virendra Singh, Member of Parliament, Sant Ravidas Nagar, accompanied by Shri Vinay Deshpande, Chief Peoples Officer and Mr. Sushil Singh, VP, CSR Implementation, Mahindra & Mahindra Ltd.,



The **171st LLE project** at Shivpuri, Madhya Pradesh, was inaugurated by Mr. Jyotiraditya Scindia, Member of Parliament from Guna constituency

This project was sponsored for the fifth time by Shrimant Madhavrao Scindia Swasthay Seva Mission, one of the initiatives taken by the Scindia Trust in the memory of the Late Madhavrao Scindia



Press Reporters talking to Mr. Jyotiraditya Scindia



INAUGURATION OF LIFELINE EXPRESS PROJECTS

The **172nd LLE project** at Gondia Railway Station, Maharashtra, was inaugurated by Mr. Rajkumar Badole, Minister for Social Justice & Special Assistance accompanied by Mr. Vijay Suryavanshi, District Collector Gondia and Mr. Ashok Beeyani, Assistant General Manager, Curadev Pharma Pvt.Ltd., Noida (U.P.).



Mr. Narendra Singh Kushwaha, MLA Bhind conducted the inauguration ceremony of the **173rd LLE project** at Bhind Railway Station, accompanied by Mr. Ilayaraja T., District Magistrate and Collector, Bhind, and Mr. Navneet Bhasin, Superintendent of Police, Bhind.

The initiative in Bhind was taken by Birla Sun Life Asset Management for the first time.



The **174th LLE project** at Bhatkal Railway Station, Uttar Kannada, was inaugurated by Mr. S.S. Nakul, District Collector, Karwar. He was accompanied by Mr. Asim Suleman, Regional Railway Manager, Karwar.



Lifeline Express 175th Project sponsored by the State Bank of India Foundation was inaugurated at Junagarh Road Railway Station by Honourable Minister of Housing Development, accompanied by MLA of Junagarh, Bhawanipatna District Collector, Kalahandi, Superintendent of Police Kalahandi, and Mr. Amulya Giri, Regional Manager, Kalahandi, State Bank of India.



Mrs. Sanjukta Rajguru, Managing Director, and Mr. Aman Bhayia, SBI Foundation visited the LLE



COMMUNITY HEALTH INITIATIVE (CHI)

CHI in Palghar District, Maharashtra

Government of Maharashtra presented two Agreements to IIF on October 1, 2016 :

- To scale up the CHI with focus on Reproductive, Maternal, New born, Child Health, Adolescents in all 46 Primary Health Centre areas of Palghar District (popn: 3 million)
- For the use of Nebulisers and Infant Warmers donated by IIF in the District



Mrs. Zelma Lazarus donates Infant Warmers to Palghar District Collector Mr. Abhijit Bangar and CEO, Zilha Parishad, Ms. Nidhi Chaudhary. Supported by Johnson & Johnson, the CHI's use of Infant Warmers have helped 222 Low Birth Weight babies in Wada.

Blankets were donated by IIF's well wisher Mr. Harcharan Singh from Thailand. IIF is most grateful for the receipt of 600 blankets which were distributed to pregnant women at Malvada.



As a part of our CHI, Impact India implemented an intervention using Embrace Nest (Infant Warmers) to prevent hypothermia and promote the survival and growth of Low Birth Weight and pre-term infants.

Johnson (J&J) supported Nutrition Supplementation Programme, 105 pregnant women have been identified by IIF for Nutrition supplementation during their pregnancy and lactation periods. The Distribution of supplements for daily consumption such as eggs, dry fruit, cereals etc. serves to meet their additional nutrition requirements. The women are being monitored diligently for the benefits to their health and their babies.

Home visits to distribute Nutritious Supplementary diet; Hb testing & Recipe demonstrations



Eye Surgeries: The Ghaswala Vision Foundation, a registered public charitable trust supports various activities related to eye care and blindness. IIF is grateful to the Foundation's Trustee Mr. Percy Ghaswala, for supporting six persons for eye surgeries at Bhaktivedanta Hospital at Mira Road, Mumbai, and Dhawale Hospital, Palghar, with all expenses paid.

COMMUNITY HEALTH INITIATIVE (CHI)

CHI Activities of the Adolescent Girl & Nutrition at Sakharshet, Malvada & Somta

Training of School Teachers on Health & Nutrition



Project on Broadband Connectivity in Palghar District: IIF will partner with the Tata Social Welfare Trust and IIT, Bombay, in an 18 month pilot project "Broadband Connectivity to Rural and Underserved Regions using TV UHF Band: Outreach to 25 Villages in Palghar District of Maharashtra. The project will enable the broadcast of content through internet wi-fi connectivity and an easy to use interface, made accessible through a simple TV set and remote.

IIF will broadcast e-health information related to RMNCH+A, Nutrition, Hygiene and Sanitation, as well as on Government Health Schemes and updates on immunization campaigns.

Baseline Studies: Public Affairs Foundation (PAF) and Tata Institute of Social Sciences(TISS) have completed the data collection for CHI interventions in the Primary Health Centres in Sakharshet, Somta & Malvada.

"Days for Girls" Heather Brown, accompanied by IIF's Neelam Kshirsagar, Head Project Development, donated 125 Menstrual Hygiene Kits to Non School Going Adolescent Girls, the Kasturba Gandhi Girls' School - Malvada, and educated rural girls on Menstrual Hygiene.



Monitoring Anaemia through Haemoglobin Estimation



Capacity Building of Village Health Committees- Topic: Eligibility for Government Health Schemes



CHI at Somta PHC - Adolescent Girl & Nutrition - The Jamsetji Tata Trust has sanctioned support of Rs.276 lakhs towards the scaling up of the CHI in the Somta PHC area of Palghar District as well as travels, and Budget deficit of the Dasra Giving Circle sponsored projects at Sakharshet & Malvada

Health & Nutrition Education for Non-School Going Adolescents





COMMENTS BY VISITORS TO THE LIFELINE EXPRESS

Dr. Bhagirath Prasad, M.P. Bhind - Excellent arrangements in the train hospital. Rare facility in a remote area like Bhind.

IlayarojaT., Collector, Bhind - Had extremely good experience. LLE is a feather in the cap in delivering quality health services to poor and unreachable area. More number of trains would be of great help in delivering better health services. All the best and thanks to all who are associated with this project.

Mr. S.S. Nakul, IAS, District Collector, Karwar - Very happy to have Lifeline Express in our district. This will help us in meeting the medical requirements of the needy in the district.

Dr. Ganesh Shenoy Panchal, HOD Public Health Dentistry, Yenepoya University, Mangalore - Also Chairman, Oral Health Policy, Karnataka State - I am very glad that I could visit the world's first hospital train. My gratitude to Madam Zelma Lazarus. We would like to associate in the activities of this Lifeline Express in future in oral health care programmes, cancer awareness programmes and also in conducting cleft lip and palate surgeries.

Mr. D. Brindha, Collector & District Magistrate, Kalahandi, Odisha - Very happy to visit the Lifeline Express. Its novel concept and they are providing free health care particularly the eye surgery, which is common among the people and other congenital anomalies. By this the Express is curing numerous people and bringing new life to them. I am happy to have Lifeline Express in Kalahandi district, which is one of the backward districts and by this I hope people of Kalahandi will get maximum benefit. I wish Lifeline Express a huge success.

Mr. Amulya Kumar Giri, Regional Manager, State Bank of India, Bhawanipatna, Kalahandi - Extremely happy that Lifeline Express has identified Kalahandi District. Inhabitants of Kalahandi will be immensely benefited through their specialised treatment and making available best of the doctors and state of the art treatment including operations. Thanks to LLE. This will make a real difference in the life of people. Noble venture.

Smt. Devtikarma, M.L.A., Dantewada
Lifeline Express is a very good proactive initiative to reach the nooks and corners of India.

IMPACT INDIA FOUNDATION

Thanks the Government of India, the Government of Maharashtra, the Indian Railways and the thousands who have risen to help - Surgeons, Nurses, Paramedical Staff, Students, Trusts, Foundations, Corporates, Institutions and Individuals. It would be difficult to name all.

We remain grateful to everyone

IMPACT INDIA FOUNDATION



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